puff

doff

bluff

cliff

gruff

sniff

staff

shell

grill

yell

dwell

drill

thrill

fell

bell

ball

full

spill

boss

glass

pass

stress

miss

 kiss

chess

cross

fuzz

fizz

jazz

buzz

loaf

beef

sail

seal

goal

foul

life

safe

mile

whale

gas

gel

his

was

froze

rose

vise

vase

wise